

# BELPRES CHURCH

## **Sermon Title: Controlled by The Spirit**

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### **Scripture:**

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#### **Romans 8:3-6**

<sup>3</sup> For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, <sup>4</sup> in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

<sup>5</sup> Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. <sup>6</sup> The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.

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## **Discussion Questions:**

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*Read this week's scripture(s) & answer the below questions with your friends, family, or All In small group.*

### **Opening Question:**

- It's the first week of a new session. Let's get to know each other. Share a little bit about yourself. What is your name? Where do you live, work, play or learn? What brings you to this group or what keeps you here?

### **Scripture Reflection Questions – Read this week's scripture together and discuss the following:**

- What do we learn about God (e.g. traits, personality, what matters, priorities) in this passage?
- What do we learn about people, and ourselves in particular, this week?

### **Sermon Reflection Questions - Reflecting on this week's sermon, discuss the following:**

- How do you know when you are walking with the Spirit? Do you have a hard time discerning the "mind controlled by flesh" versus "the mind controlled by the Spirit?"
- One of the ways that the Spirit is our Helper is that it can interrupt us to keep us from continuing to sin (in her sermon, Annie told a story about her nephew Jack literally shaking himself out of a daze of grumbling about his older brother). How have you experienced the Spirit helping you in the midst of your sin? How has the Spirit helped to point you in a different direction? What was that like? How did it feel, and what was the outcome?

### **Closing Question and Application:**

- Given what we've discussed together today, how might God want you to apply these learnings to your life or in the life of your community this next week? Who might you share this with?

### **Closing Group Prayer:**

- Spend a few minutes together in your group sharing prayer requests and then praying together for each other. Thank God for the time together, the conversation shared, the other people in the group, and for encouragement in the week ahead.