



Sermon Title: Praise

Opening Question: Looking back to last week's sermon and scripture... How did you live differently or practice what we talked about in your life this week? What did you do and how did it go?

This week's scripture:

Psalm 139

- 1** You have searched me, LORD,
and you know me.
- 2** You know when I sit and when I rise;
you perceive my thoughts from afar.
- 3** You discern my going out and my lying down;
you are familiar with all my ways.
- 4** Before a word is on my tongue
you, LORD, know it completely.
- 5** You hem me in behind and before,
and you lay your hand upon me.
- 6** Such knowledge is too wonderful for me,
too lofty for me to attain.
- 7** Where can I go from your Spirit?
Where can I flee from your presence?
- 8** If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
- 9** If I rise on the wings of the dawn,
if I settle on the far side of the sea,
- 10** even there your hand will guide me,
your right hand will hold me fast.
- 11** If I say, "Surely the darkness will hide me
and the light become night around me,"
- 12** even the darkness will not be dark to you;
the night will shine like the day,
for darkness is as light to you.
- 13** For you created my inmost being;
you knit me together in my mother's womb.

- ¹⁴ I praise you because I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.
- ¹⁵ My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.
- ¹⁶ Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.
- ¹⁷ How precious to me are your thoughts, God!
How vast is the sum of them!
- ¹⁸ Were I to count them,
they would outnumber the grains of sand—
when I awake, I am still with you.
- ¹⁹ If only you, God, would slay the wicked!
Away from me, you who are bloodthirsty!
- ²⁰ They speak of you with evil intent;
your adversaries misuse your name.
- ²¹ Do I not hate those who hate you, LORD,
and abhor those who are in rebellion against you?
- ²² I have nothing but hatred for them;
I count them my enemies.
- ²³ Search me, God, and know my heart;
test me and know my anxious thoughts.
- ²⁴ See if there is any offensive way in me,
and lead me in the way everlasting.

Scripture Reflection Questions: Read this week's scripture together and discuss the following:

- What do we learn about God (e.g., traits, personality, what matters, priorities) in this passage?
- What do we learn about people, and ourselves in particular, this week?

Sermon Reflection Questions: Reflecting on this week's sermon, discuss the following:

- How can you turn Your eyes to God and sing with Joy and Praise him when life is so hard or you are facing so many challenges in your personal life?
- Where do you find words of Praise and thanksgiving when you are struggling in your life and do not understand what is going on in the world today?

Closing Question and Application: Given what we've discussed together today, how might God want you to apply these learnings to your life or in the life of your community this next week? Who might you share this with?

Closing group prayer: Spend a few minutes together in your group sharing prayer requests and then praying together for each other. Thank God for the time together, the conversation shared, the other people in the group, and for encouragement in the week ahead.